

# 1º A

Tutor : AMELIA  
S.c.1º A

	Lu	Ma	Mi	Ju	Vi	
<b>1ª Hora</b> <small>8:15 - 9:10</small>	EF <small>CH</small>	R <small>P</small>	I <small>P</small>	B <small>C</small>	M <small>CS</small>	
<b>2ª Hora</b> <small>9:10 - 10:05</small>	B <small>C</small>	MAT <small>J</small>	EF <small>CH</small>	M <small>CS</small>	GEH <small>A</small>	
<b>3ª Hora</b> <small>10:05 - 11:00</small>	I <small>P</small>	L <small>P</small>	P <small>M</small>	RDM <small>J</small>	L <small>P</small>	MAT <small>J</small>
<b>RECREEO</b> <small>11:00 - 11:30</small>	<b>RECREEO</b>					
<b>4ª Hora</b> <small>11:30 - 12:25</small>	L <small>P</small>	GEH <small>A</small>	MAT <small>J</small>	P <small>CS</small>	I <small>P</small>	
<b>5ª Hora</b> <small>12:25 - 13:20</small>	P <small>CS</small>	I <small>P</small>	L <small>P</small>	GEH <small>A</small>	L <small>P</small>	
<b>6ª Hora</b> <small>13:20 - 14:15</small>	MAT <small>J</small>	B <small>C</small>	T <small>A</small>	MAT <small>J</small>	P <small>M</small>	RDL <small>V</small>

# 1º B

Tutor : PURI  
S.c.1º B

	Lu	Ma	Mi	Ju	Vi	
<b>1ª Hora</b> <small>8:15 - 9:10</small>	MAT <small>J</small>	EF <small>CH</small>	M <small>CS</small>	GEH <small>D</small>	MAT <small>J</small>	
<b>2ª Hora</b> <small>9:10 - 10:05</small>	I <small>P</small>	I <small>P</small>	T <small>P</small>	EF <small>CH</small>	L <small>P</small>	
<b>3ª Hora</b> <small>10:05 - 11:00</small>	B <small>C</small>	B <small>C</small>	<small>Grupo 1</small> P <small>M</small>	<small>Grupo 2</small> RDM <small>S.c.1º A</small> <small>J</small>	MAT <small>J</small>	I <small>P</small>
<b>RECREEO</b> <small>11:00 - 11:30</small>	<b>RECREEO</b>					
<b>4ª Hora</b> <small>11:30 - 12:25</small>	GEH <small>D</small>	MAT <small>J</small>	L <small>P</small>	I <small>P</small>	M <small>CS</small>	
<b>5ª Hora</b> <small>12:25 - 13:20</small>	R <small>P</small>	GEH <small>D</small>	P <small>CS</small>	P <small>CS</small>	B <small>C</small>	
<b>6ª Hora</b> <small>13:20 - 14:15</small>	L <small>P</small>	L <small>P</small>	MAT <small>J</small>	L <small>P</small>	<small>Grupo 1</small> P <small>M</small>	<small>Grupo 2</small> RDL <small>S.c.1º A</small> <small>V</small>

# 2º A

Tutor : PEDRO  
S.c.2º A

	Lu	Ma	Mi	Ju	Vi		
<b>1ª Hora</b> <small>8:15 - 9:10</small>	FYQ <small>C</small>	FYQ <small>C</small>	I <small>P</small>	M <small>CS</small>	I <small>P</small>		
<b>2ª Hora</b> <small>9:10 - 10:05</small>	MAT <small>MÁ</small>	MAT <small>MÁ</small>	GEH <small>D</small>	GEH <small>D</small>	EF <small>CH</small>		
<b>3ª Hora</b> <small>10:05 - 11:00</small>	L <small>P</small>	T <small>P</small>	M <small>CS</small>	MAT <small>MÁ</small>	MAT <small>MÁ</small>		
<b>RECREEO</b> <small>11:00 - 11:30</small>	<b>RECREEO</b>						
<b>4ª Hora</b> <small>11:30 - 12:25</small>	I <small>P</small>	L <small>P</small>	R <small>P</small>	<small>RFM</small> RDM <small>A</small>	<small>RFL</small> RDL <small>S.c.2º B V</small>	<small>Portugués</small> P <small>M</small>	TEC <small>MÁ</small>
<b>5ª Hora</b> <small>12:25 - 13:20</small>	GEH <small>D</small>	EF <small>CH</small>	L <small>P</small>	I <small>P</small>	GEH <small>D</small>		
<b>6ª Hora</b> <small>13:20 - 14:15</small>	<small>RFM</small> RDM <small>A</small>	<small>RFL</small> RDL <small>V</small>	<small>Portugués</small> P <small>M</small>	TEC <small>MÁ</small>	C <small>P</small>	FYQ <small>C</small>	L <small>P</small>

# 2º B

Tutor : DAVID  
S.c.2º B

	Lu	Ma	Mi	Ju	Vi		
<b>1ª Hora</b> <small>8:15 - 9:10</small>	L <small>M</small>	MAT <small>J</small>	FYQ <small>C</small>	MAT <small>J</small>	L <small>M</small>		
<b>2ª Hora</b> <small>9:10 - 10:05</small>	GEH <small>D</small>	GEH <small>D</small>	R <small>P</small>	TEC <small>J</small>	FYQ <small>C</small>		
<b>3ª Hora</b> <small>10:05 - 11:00</small>	TEC <small>J</small>	M <small>CS</small>	I <small>P</small>	EF <small>CH</small>	EF <small>CH</small>		
<b>RECREO</b> <small>11:00 - 11:30</small>	<b>RECREO</b>						
<b>4ª Hora</b> <small>11:30 - 12:25</small>	MAT <small>J</small>	L <small>M</small>	T <small>D</small>	<small>RFM</small> RDM <small>A</small>	<small>RFL</small> RDL <small>S.c.2º B V</small>	<small>PORTUGUÉS</small> P <small>M</small>	MAT <small>J</small>
<b>5ª Hora</b> <small>12:25 - 13:20</small>	I <small>P</small>	FYQ <small>C</small>	GEH <small>D</small>	I <small>P</small>	M <small>CS</small>		
<b>6ª Hora</b> <small>13:20 - 14:15</small>	<small>RFM</small> RDM <small>A</small>	<small>RFL</small> RDL <small>S.c.2º A V</small>	<small>PORTUGUÉS</small> P <small>M</small>	C <small>D</small>	L <small>M</small>	GEH <small>D</small>	I <small>P</small>

# 2º C

Tutor : JOSE

S.c.2º C

	Lu	Ma	Mi	Ju	Vi
1ª Hora <small>8:15 - 9:10</small>	FYQ	MAT	L	MAT	FYQ
2ª Hora <small>9:10 - 10:05</small>	M	GEH	R	L	RDM RDL P
3ª Hora <small>10:05 - 11:00</small>	L	RDM RDL P	T	EF	EF
RECREO <small>11:00 - 11:30</small>	RECREO				
4ª Hora <small>11:30 - 12:25</small>	MAT	M	I	GEH	MAT
5ª Hora <small>12:25 - 13:20</small>	I	I	GEH	I	L
6ª Hora <small>13:20 - 14:15</small>	GEH	FYQ	C	TEC	TEC

# 3º A

Tutor : CARLOS  
S.c.3º A

	Lu	Ma	Mi	Ju	Vi
<b>1ª Hora</b> <small>8:15 - 9:10</small>	I <small>MA</small>	I <small>MA</small>	I <small>MA</small>	EF <small>CH</small>	B <small>C</small>
<b>2ª Hora</b> <small>9:10 - 10:05</small>	<small>INICIATIVA</small> IE <small>CH</small>	<small>PORTUGUÉS</small> P <small>M</small>	L <small>J</small>	FYQ <small>I</small>	GEH <small>C</small>
<b>3ª Hora</b> <small>10:05 - 11:00</small>	P <small>CS</small>	GEH <small>D</small>	L <small>J</small>	L <small>J</small>	R <small>P</small>
<b>RECREO</b> <small>11:00 - 11:30</small>	RECREO				
<b>4ª Hora</b> <small>11:30 - 12:25</small>	L <small>J</small>	TEC <small>C</small>	P <small>CS</small>	FYQ <small>I</small>	TEC <small>C</small>
<b>5ª Hora</b> <small>12:25 - 13:20</small>	MAT <small>J</small>	FYQ <small>I</small>	MAT <small>J</small>	B <small>C</small>	MAT <small>J</small>
<b>6ª Hora</b> <small>13:20 - 14:15</small>	B <small>C</small>	MAT <small>J</small>	GEH <small>D</small>	<small>INICIATIVA</small> IE <small>CH</small>	<small>PORTUGUÉS</small> P <small>M</small>

# 3º B

Tutor : MARIU  
S.c.3º B

	Lu	Ma	Mi	Ju	Vi	
1ª Hora <small>8:15 - 9:10</small>	TEC <small>MÁ</small>	P <small>CS</small>	FYQ <small>I</small>	R <small>P</small>	MAT <small>MÁ</small>	
2ª Hora <small>9:10 - 10:05</small>	<small>INICIATIVA</small> IE <small>CH</small>	<small>PORTUGUÉS</small> P <small>S.c.3º A M</small>	I <small>MA</small>	I <small>MA</small>	FYQ <small>I</small>	TEC <small>MÁ</small>
3ª Hora <small>10:05 - 11:00</small>	I <small>MA</small>	FYQ <small>I</small>	GEH <small>D</small>	B <small>C</small>	L <small>M</small>	
RECREEO <small>11:00 - 11:30</small>	RECREEO					
4ª Hora <small>11:30 - 12:25</small>	B <small>C</small>	MAT <small>MÁ</small>	L <small>M</small>	GEH <small>D</small>	T <small>M</small>	
5ª Hora <small>12:25 - 13:20</small>	L <small>M</small>	L <small>M</small>	B <small>C</small>	MAT <small>MÁ</small>	EF <small>CH</small>	
6ª Hora <small>13:20 - 14:15</small>	P <small>CS</small>	EF <small>CH</small>	MAT <small>MÁ</small>	<small>INICIATIVA</small> IE <small>CH</small>	<small>PORTUGUÉS</small> P <small>S.c.3º A M</small>	GEH <small>D</small>

# 4º A

Tutor : ISABEL  
S.c.4º A

	Lu	Ma	Mi	Ju	Vi			
<b>1ª Hora</b> <small>8:15 - 9:10</small>	P <small>CS</small>	<small>Grupo 1</small> B <small>I</small>	<small>Grupo 2</small> TEC <small>MÁ</small>	L <small>J</small>	<small>Grupo 1</small> B <small>I</small>	<small>Grupo 2</small> TEC <small>MÁ</small>	EF <small>CH</small>	
<b>2ª Hora</b> <small>9:10 - 10:05</small>	L <small>J</small>	<small>Grupo 1</small> FYQ <small>I</small>	<small>Grupo 2</small> MA <small>C</small>	<small>Grupo 1</small> MA <small>MÁ</small>	<small>Grupo 2</small> MA <small>C</small>	L <small>J</small>	L <small>J</small>	
<b>3ª Hora</b> <small>10:05 - 11:00</small>	GEH <small>D</small>	<small>Grupo 1</small> MA <small>MÁ</small>	<small>Grupo 2</small> IE <small>A</small>	<small>Grupo 1</small> FYQ <small>I</small>	<small>Grupo 2</small> IE <small>A</small>	<small>Grupo 1</small> FYQ <small>I</small>	<small>Grupo 2</small> IE <small>A</small>	GEH <small>D</small>
<b>RECREO</b> <small>11:00 - 11:30</small>	<b>RECREO</b>							
<b>4ª Hora</b> <small>11:30 - 12:25</small>	TIC <small>MÁ</small>	T <small>I</small>	<small>Grupo 1</small> B <small>I</small>	<small>Grupo 2</small> TEC <small>MÁ</small>	<small>Grupo 1</small> MA <small>MÁ</small>	<small>Grupo 2</small> MA <small>C</small>	R <small>P</small>	
<b>5ª Hora</b> <small>12:25 - 13:20</small>	<small>Grupo 1</small> MA <small>MÁ</small>	<small>Grupo 2</small> MA <small>C</small>	I <small>P</small>	EF <small>CH</small>	GEH <small>D</small>	I <small>P</small>		
<b>6ª Hora</b> <small>13:20 - 14:15</small>	I <small>P</small>	P <small>CS</small>	I <small>P</small>	P <small>CS</small>	P <small>CS</small>	TIC <small>MÁ</small>		



# 4º B

Tutor : CARMEN STO  
S.c.4º B

	Lu	Ma	Mi	Ju	Vi		
<b>1ª Hora</b> <small>8:15 - 9:10</small>	L	L	EF	L	L		
	<small>J</small>	<small>J</small>	<small>CH</small>	<small>J</small>	<small>J</small>		
<b>2ª Hora</b> <small>9:10 - 10:05</small>	I	<small>PLÁSTICA</small> P	<small>PORTUGUÉS</small> P	<small>PLÁSTICA</small> P	<small>PORTUGUÉS</small> P	E	I
	<small>P</small>	<small>CS</small>	<small>M</small>	<small>CS</small>	<small>M</small>	<small>A</small>	<small>P</small>
<b>3ª Hora</b> <small>10:05 - 11:00</small>	L	L	I	GEH	L		
	<small>J</small>	<small>J</small>	<small>P</small>	<small>D</small>	<small>J</small>		
<b>RECREO</b> <small>11:00 - 11:30</small>	RECREO						
<b>4ª Hora</b> <small>11:30 - 12:25</small>	<small>PLÁSTICA</small> P	<small>PORTUGUÉS</small> P	GEH	E	TIC	GEH	
	<small>CS</small>	<small>M</small>	<small>D</small>	<small>A</small>	<small>J</small>	<small>D</small>	
<b>5ª Hora</b> <small>12:25 - 13:20</small>	E	MAT	MAT	EF	MAT		
	<small>A</small>	<small>MÁ</small>	<small>MÁ</small>	<small>CH</small>	<small>MÁ</small>		
<b>6ª Hora</b> <small>13:20 - 14:15</small>	MAT	R	T	I	TIC		
	<small>MÁ</small>	<small>P</small>	<small>CS</small>	<small>P</small>	<small>J</small>		